

## BRUNCH SANDWICHES

**Bacon / 3.80**

**Sausage / 4.30**

**V Fried Egg / 3.80**

**Sausage & Egg / 4.80**

**Bacon & Egg / 4.50**

**Sausage & Bacon / 4.80**

**Bacon, Sausage & Egg / 5.30**

## ON TOAST

**V Eggs / 4.50**

**V Beans / 4.50**

**V Cheese & Beans / 5.30**

## CLASSICS

**GF Lamb Cawl / 7.95**



Handmade Lamb, Carrots, Potato, Leek and Swede in a Traditional Style Broth, finished with Fresh Pea Shoots and served with Fresh Bread for Dipping (Bread contains Gluten).

**Minestrone Soup / 5.95**

Served with Fresh Bread for Dipping.



## SALADS

**GF V Compass Salad / 6.50**

Mixed Leaf, Cherry Tomatoes, Cucumber & Onions finished with Olive Oil and Balsamic Glaze

- Add Chicken or Avocado for 2.00
- Add Flavoured Chicken for £2.50

**GF V Goats Cheese / 8.50**

Goats Cheese, Red Onion Chutney, Spinach, Mixed Leaf, Cherry Tomatoes, Cucumber & Onions finished with Olive Oil and Balsamic Glaze

- Add Chicken or Avocado for 2.00
- Add Flavoured Chicken for £2.50

## BRUNCH

**Brunch / 8.00**

Sausage, Bacon, Fried Egg, Hash Brown, Beans & Toast

**Big Brunch / 11.00**

2 Sausages, 2 Bacon, 2 Hash Browns, Mushrooms, 2 Black Puddings, Fried Egg, Grilled Tomato, Beans & Toast

**V Veggie / 7.55**

2 Veggie Sausages, Hash Brown, Fried Egg, Mushrooms, Grilled Tomato, Beans & Toast

**Vgn V Vegan / 8.55**

2 Vegan Sausages, Spinach, Avocado, Mushrooms, Grilled Tomato, Hash Brown, Beans, Beetroot Chutney & Toast

**GF Gluten Free / 7.50**

Bacon, Hash Brown, Grilled Tomato, Mushrooms, Fried Egg & Beans

## BURRITOS

**Breakfast Burrito / 6.65**

Sausage, Bacon, Egg, Beans & Cheese wrapped in a Flour Tortilla with a Cheese Crust

**Big Buoy Burrito / 8.95**



Sausage, Bacon, Egg, Beans, Hash Brown Bites, Black Pudding & Cheese wrapped in a Flour Tortilla with a Cheese Crust, topped with another Egg and a side of Extra Hash Brown Bites & Beans

**V Veggie Burrito / 6.25**

Veggie Sausage, Egg, Mushrooms, Beans & Cheese wrapped in a Flour Tortilla with a Cheese Crust





## DELIVERIES LUNCH MENU

Served From 12pm

## SANDWICHES, BAGUETTES & WRAPS

Served with Side Salad & Balsamic Glaze

**Tuna Mayo / 4.60**

**Avocado, Bacon & Tomato / 6.00**

**Ham & Cheese / 5.00**

**Bacon, Brie & Cranberry / 5.80**

**Flavoured Chicken / 6.00**

Choose from Peri Peri, Smoky BBQ, Chinese or Garden Mint

**V Halloumi & Avocado / 5.80**

With Beetroot Chutney

## PANINIS & TOASTIES

Served with Side Salad & Balsamic Glaze

**Ham & Cheese / 5.70**

**Tuna Melt / 5.80**

**V Cheese & Tomato / 5.70**

**V Goats Cheese & Spinach / 6.50**



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## HEALTHIER LUNCHES

**V Smashed Avocado / 7.25**

On Toast with Poached Eggs, Fresh Pea Shoots and  
Dukkah Seed/Spice Mix

- Add Salmon for 2.00 or Bacon for 1.50

**V Pome-Cado Cheese / 7.25**

Avocado on Toast with Goats Cheese, Fresh Pea  
Shoots and Pomegranate Seeds

**GF Gluten Free Salmon / 6.80**

Scrambled Eggs on a Bed of Spinach and Tomato with  
Salmon, Fresh Pea Shoots and Balsamic Glaze

- Add a Slice of Toast for 1.00 (not gluten free)

**V Purple Reign / 8.50**

Smashed Avocado and Beetroot Chutney on Toast, Topped  
with Halloumi, 2 Poached Eggs and Fresh Pea Shoots

## JACKETS

Served with Butter, Side Salad & Balsamic Glaze

**GF V Beans or Cheese / 5.65**

**GF V Cheese & Beans / 6.25**

**GF Tuna Mayo / 6.25**

**Flavoured Chicken / 6.65**

Choose from Peri Peri, Smoky BBQ, Chinese  
or Garden Mint



All items are subject to availability. For allergens advice please contact a member of staff before ordering. Lunch menu is served from 12pm daily. Only one swap is permitted on breakfasts. Non-meat items cannot be swapped for meat items. Sausage is not permitted as a swap in any case